

A Taste of Thailand with Chef Max Loh

Menu

Tom Yum Soup

Green Chicken and Coconut Curry

Pandan Jasmine Rice

Khanom Tuay (steamed coconut milk pudding)

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Tom Yum Soup (serves 3)

1.5 ml chicken stock/Knorr
1.5 lemongrass stick
3 Chillies
4.5 Slices of ginger/galangal
6 Cloves garlic
3 Kaffir lime leaf
34 Onion
34 Tomato
1.5 T Soybean chilli paste
1 Handful of coriander+ root
1.5 T Fish sauce
1.5 teaspoon Salt
2 Limes/lemons or juice in a packet

Method:

- 1. Combine all ingredients in a saucepan, except for limes/lemons.
- 2. Bring to boil and simmer for at least 20 minutes.
- 3. Squeeze in citrus juice at end and add chopped fresh coriander

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Green Chicken Curry (serves 3)

¾ can Coconut cream Aroy-D
3 T Green curry paste
1.5 Green chilli
100 g Chicken breast
¾ cup peas
1.5 Kaffir lime leaf
Handful Thai sweet basil
5 teaspoons sugar
¾ T Fish sauce (to taste)

Method:

- 1. Reduce and cook out half of the amount of coconut cream in a saucepan, medium heat, until separated. Add in curry paste and cook out until aromatic.
- 2. Add in chicken, lime leaf and chili, rest of the coconut cream. Water if needed.
- 3. Cook out until chicken is tender and desired thickness. Add in seasoning and basil at end.

Jasmine Rice (serves 3)

1.5 cup rice
 3 cups water
 1 pc pandan
 Pinch salt

Method:

- 1. Wash rice until clear, place into a saucepan with water, pandan leaf and pinch of salt.
- 2. Bring to boil and simmer for 15 minutes on low heat.
- 3. Let sit for 5 minutes off heat at end to cool down and finish cooking.

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Khanom Tuay (steamed coconut milk pudding) Makes 2 medium ramekins

- Pandan Base: 30 g Rice flour ½ T Tapioca flour 60 g Palm sugar 100 g Coconut milk 100 g Pandan water/essence ¼ t Salt
- Coconut milk top: 190 g Coconut milk 1 T Rice flour 1 T Sugar ¼ t Salt

Method:

- 1. For the base, heat up pandan water and dissolve palm sugar in it.
- 2. Once dissolved, cool down, add in coconut milk and salt.
- 3. In another bowl, combine tapioca and rice flour, slowly incorporate liquid into dry, mix well and strain into a jug.
- 4. Steam this base in ramekin for at least 10 minutes or until set.
- 5. For top: Dissolve sugar and salt into coconut milk, stir until dissolved. Mix completely into the rice flour and mix well.
- 6. Strain into a jug, pour over top of set Pandan base and steam for another 10 minutes or until set. Leave to cool to room temp to eat.

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